

# SHADE TOLERANT Perennial Plants



*Tiarella cordifolia* (Photo by David J. Stang, CC BY-SA 4.0, via Wikimedia Commons)

By choosing the right plants for your garden space and light conditions, you can enjoy blooms throughout the season!

Shade tolerant plants will grow and thrive in lower light conditions. Full shade is defined as less than 4 hours of direct sun per day, whereas part sun is defined as 4-6 hours. Note that some plants are more tolerant of full shade than others, so be sure to check individual tags and signs for specific cultural requirements.

*See reverse side for Cedar Circle plant list.*

## SHADE TOLERANT Perennial Plants\*\*

Cedar Circle Farm & Education Center, 2025

### Forbs (Herbaceous Flowering)

<p><b><i>Actaea (cimicifuga) racemosa</i></b> (Black Cohosh)  <b><i>Ageratina altissima (Eupatorium rugosum)</i></b> (White Snakeroot)  <b><i>Allium canadense</i></b> (Wild Garlic)  <b><i>Allium tricoccum</i></b> (Wild Leek / Ramps)  <b><i>Anemone virginiana</i></b> (Tall Thimbleweed)  <b><i>Aquilegia canadensis</i></b> (Columbine)  <b><i>Arisaema triphyllum</i></b> (Jack-in-the-Pulpit)  <b><i>Asarum canadense</i></b> (Wild Ginger)  <b><i>Caltha palustris</i></b> (Marsh Marigold)  <b><i>Campanula americana</i></b> (Tall Bellflower)  <b><i>Clematis virginiana</i></b> (Virgin's Bower)  <b><i>Cryptotaenia canadensis</i></b> (Honewort)  <b><i>Eurybia (Aster) macrophylla</i></b> (Big-leaved Aster)  <b><i>Fragaria virginiana</i></b> (Wild Strawberry)  <b><i>Gaultheria procumbens</i></b> (American Wintergreen)  <b><i>Geranium maculatum</i></b> (Wild Geranium)  <b><i>Hepatica acutiloba</i></b> (Sharp-lobed Hepatica)</p>	<p><b><i>Packera aurea</i></b> (Golden Ragwort)  <b><i>Penstemon digitalis</i></b> (Foxglove Beardtongue)  <b><i>Penstemon hirsutus</i></b> (Hairy Beardtongue)  <b><i>Phlox divaricata</i></b> (Wild Blue Phlox)  <b><i>Podophyllum peltatum</i></b> (May Apple)  <b><i>Polymnia canadensis</i></b> (Small-flowered Leafcup)  <b><i>Rudbeckia laciniata</i></b> (Cut-Leaf Coneflower)  <b><i>Scrophularia lanceolata</i></b> (Early Figwort)  <b><i>Symphotrichum (Aster) cordifolium</i></b> (Heart-leaved or Blue Wood Aster)  <b><i>Symphotrichum (Aster) lateriflorum</i></b> (Calico Aster)  <b><i>Symphotrichum (Aster) urophyllum</i></b> (Arrow-leaved Aster)  <b><i>Taenidia integerrima</i></b> (Yellow Pimpernel)  <b><i>Thalictrum dioicum</i></b> (Early Meadow Rue)  <b><i>Trollius laxus</i></b> (American Globeflower)  <b><i>Uvularia grandiflora</i></b> (Large-Flowered Bellwort)</p>
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### Ferns

<p><b><i>Adiantum pedatum</i></b> (Maidenhair Fern)  <b><i>Matteuccia struthiopteris</i></b> (Ostrich Fern)</p>	<p><b><i>Onoclea sensibilis</i></b> (Sensitive Fern)  <b><i>Polystichum acrostichoides</i></b> (Christmas Fern)</p>
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### Trees & Shrubs

<p><b><i>Acer rubrum</i></b> (Red Maple)  <b><i>Acer saccharum</i></b> (Sugar Maple)  <b><i>Alnus rugosa</i></b> (Speckled Alder)  <b><i>Betula alleghaniensis</i></b> (Yellow Birch)  <b><i>Carya ovata</i></b> (Shagbark Hickory)  <b><i>Cornus canadensis</i></b> (Creeping Dogwood)  <b><i>Corylus americana</i></b> (American Hazelnut)  <b><i>Diervilla lonicera</i></b> (Northern Bush Honeysuckle)</p>	<p><b><i>Ilex verticillata</i></b> (Winterberry Holly)  <b><i>Prunus serotina</i></b> (Wild Black Cherry)  <b><i>Prunus virginiana</i></b> (Chokecherry)  <b><i>Quercus alba</i></b> (White Oak)  <b><i>Quercus bicolor</i></b> (Swamp White Oak)  <b><i>Sambucus canadensis</i></b> (Elderberry)  <b><i>Sorbus americana</i></b> (American Mountain Ash)</p>
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\*\*Plant availability may vary over the course of the season. Feel free to call us at 802-785-4737 or email [growing@cedarcirclefarm.org](mailto:growing@cedarcirclefarm.org) to confirm whether specific plants are in stock.