



# FULL SUN

## Perennial Forbs (Herbaceous Flowering Plants)



*Heliopsis helianthoides* (Alvesgaspar, CC BY-SA 3.0, via Wikimedia Commons)

By choosing the right plants for your garden space and light conditions, you can enjoy blooms throughout the season!

“Full sun” plants generally require at least 6 hours of direct sun exposure per day. They tend to thrive in bright, open, sunny areas. Make sure to check individual tags and signs for specific cultural requirements.

*See reverse side for Cedar Circle plant list.*

# FULL SUN Perennial Forbs - Herbaceous Flowering Plants

Cedar Circle Farm & Education Center, 2025

<b><i>Achillea millefolium</i></b> (Common Yarrow)	<b><i>Lobelia siphilitica</i></b> (Great Blue Lobelia)
<b><i>Agastache foeniculum</i></b> (Anise Hyssop)	<b><i>Lupinus perennis ssp. perennis</i></b> (Wild Lupine)
<b><i>Agastache nepetoides</i></b> (Yellow Giant Hyssop)	<b><i>Monarda bradburiana</i></b> (Bradbury's Monarda)
<b><i>Allium canadense</i></b> (Wild Garlic)	<b><i>Monarda didyma</i></b> (Red Bee Balm)
<b><i>Allium cernuum</i></b> (Nodding Onion)	<b><i>Monarda fistulosa</i></b> (Wild Bergamot)
<b><i>Anaphalis margaritacea</i></b> (Pearly Everlasting)	<b><i>Monarda punctata</i></b> (Spotted Bee Balm)
<b><i>Anemone canadensis</i></b> (Canada Anemone)	<b><i>Nepeta 'Walker's Low'</i></b> (Catmint)
<b><i>Anemone virginiana</i></b> (Tall Thimbleweed)	<b><i>Oenothera fruticosa 'Fireworks'</i></b> (Narrow-Leaved Evening Primrose)
<b><i>Angelica atropurpurea</i></b> (American Angelica)	<b><i>Origanum laevigatum 'Rosenkuppel'</i></b> (Ornamental Oregano)
<b><i>Antennaria plantaginifolia</i></b> (Pussytoes)	<b><i>Penstemon digitalis</i></b> (Foxglove Beardtongue)
<b><i>Apocynum cannabinum</i></b> (Dogbane)	<b><i>Penstemon hirsutus</i></b> (Hairy Beardtongue)
<b><i>Aruncus dioicus</i></b> (Goat's Beard)	<b><i>Penthorum sedoides</i></b> (Ditch Stonecrop)
<b><i>Asclepias incarnata</i></b> (Rose/Swamp Milkweed)	<b><i>Physostegia virginiana</i></b> (Obedient Plant)
<b><i>Asclepias syriaca</i></b> (Common Milkweed)	<b><i>Pycnanthemum incanum</i></b> (Hoary Mountain Mint)
<b><i>Asclepias tuberosa</i></b> (Butterfly Weed)	<b><i>Pycnanthemum muticum</i></b> (Clustered Mountain Mint)
<b><i>Arctostaphylos uva-ursi</i></b> (Bearberry)	<b><i>Pycnanthemum virginianum</i></b> (Mountain Mint)
<b><i>Baptisia australis</i></b> (Blue False Indigo)	<b><i>Rudbeckia fulgida 'Goldsturm'</i></b> (Goldsturm Black-eyed Susan)
<b><i>Baptisia tinctoria</i></b> (Yellow Wild Indigo)	<b><i>Rudbeckia hirta var. pulcherrima</i></b> (Black-eyed Susan)
<b><i>Caltha palustris</i></b> (Marsh Marigold)	<b><i>Rudbeckia laciniata</i></b> (Cut-Leaf Coneflower)
<b><i>Chelone glabra</i></b> (Turtlehead)	<b><i>Rudbeckia nitida</i></b> (Shiny Coneflower)
<b><i>Clematis occidentalis</i></b> (Purple Clematis)	<b><i>Rudbeckia sp. 'Herbstsonne'</i></b> (Autumn Sun Coneflower)
<b><i>Clematis virginiana</i></b> (Virgin's Bower)	<b><i>Rudbeckia triloba</i></b> (Brown-eyed Susan)
<b><i>Crambe maritima</i></b> (Sea Kale)	<b><i>Saxifraga virginiana</i></b> (Early Saxifrage)
<b><i>Delphinium exaltatum</i></b> (Tall Larkspur)	<b><i>Scutellaria lateriflora</i></b> (Mad-dog Skullcap)
<b><i>Doellingeria (Aster) umbellata</i></b> (Flat-Topped/ Tall White Aster)	<b><i>Sedum sieboldii</i></b> (October Stonecrop)
<b><i>Echinacea pallida</i></b> (Pale Purple Coneflower)	<b><i>Senecio aurea</i></b> (Golden Ragwort)
<b><i>Echinacea purpurea</i></b> (Purple Coneflower)	<b><i>Sibbaldiopsis tridentata</i></b> (Three-toothed cinquefoil)
<b><i>Epilobium angustifolium</i></b> (Fireweed)	<b><i>Silene stellata</i></b> (Starry Campion)
<b><i>Epilobium coloratum</i></b> (Cinnamon Willow Herb)	<b><i>Solidago odora</i></b> (Sweet Goldenrod)
<b><i>Epilobium glandulosum</i></b> (Northern Willow Herb)	<b><i>Symphotrichum (Aster) lateriflorum</i></b> (Calico Aster)
<b><i>Eupatorium perfoliatum</i></b> (Boneset)	<b><i>Symphotrichum (Aster) novae-angliae</i></b> (New England Aster)
<b><i>Euthamia (Solidago) graminifolia</i></b> (Grass-leaved Goldenrod)	<b><i>Symphotrichum (Aster) novi-belgii</i></b> (New York Aster)
<b><i>Eutrochium dubium</i></b> (Coastal Joe Pye Weed)	<b><i>Symphotrichum (Aster) puniceum</i></b> (Purplestem Aster)
<b><i>Eutrochium maculatum</i></b> (Joe Pye Weed)	<b><i>Symphotrichum (Aster) urophyllum</i></b> (Arrow-leaved Aster)
<b><i>Filipendula rubra 'Venusta'</i></b> (Queen of the Prairie)	<b><i>Taenidia integerrima</i></b> (Yellow Pimpernel)
<b><i>Fragaria virginiana</i></b> (Wild Strawberry)	<b><i>Thalictrum pubescens</i></b> (Tall Meadow Rue)
<b><i>Gentiana andrewsii</i></b> (Bottle Gentian)	<b><i>Verbena hastata</i></b> (Blue Vervain)
<b><i>Geranium maculatum</i></b> (Wild Geranium)	<b><i>Verbena stricta</i></b> (Hoary Vervain)
<b><i>Geum aleppicum</i></b> (Yellow Avens)	<b><i>Vernonia noveboracensis</i></b> (New York Ironweed)
<b><i>Helenium autumnale</i></b> (Sneezeweed)	<b><i>Veronicastrum virginicum</i></b> (Culver's Root)
<b><i>Helianthus tuberosa</i></b> (Jerusalem Artichoke)	<b><i>Veronicastrum virginicum 'Fascination'</i></b> (Culver's Root)
<b><i>Heliopsis helianthoides</i></b> (Oxeye/False Sunflower)	<b><i>Zizia aurea</i></b> (Golden Alexanders)
<b><i>Hibiscus moscheutos</i></b> (Swamp Rose Mallow)	
<b><i>Hypericum pyramidatum</i></b> (Great St. John's Wort)	
<b><i>Iris versicolor</i></b> (Blue Flag Iris)	
<b><i>Lespedeza capitata</i></b> (Round-headed Bush Clover)	
<b><i>Liatris novae-angliae</i></b> (New England Blazing Star)	
<b><i>Liatris spicata</i></b> (Marsh Blazing Star)	
<b><i>Lilium philadelphicum</i></b> (Prairie Lily)	
<b><i>Lobelia cardinalis</i></b> (Cardinal Flower)	

\*\*Plant availability may vary over the course of the season. Feel free to call us at 802-785-4737 or email [growing@cedarcirclefarm.org](mailto:growing@cedarcirclefarm.org) to confirm whether specific plants are in stock.