



# DEER RESISTANT

## Perennial Plants



*Allium cernuum* (Matt Lavin, CC BY-SA 2.0, via Wikimedia Commons)

“Deer resistant” plants are ones that are less likely to be eaten because their taste, texture, or smell are less attractive to deer. Keep in mind, however, that deer will eat anything if they are hungry enough!

Place deer-resistant plants on the outskirts of your garden and keep the plants that deer love closer to your home. Another good strategy is to take note of where the deer travel through your yard, and avoid planting in high traffic areas.

*See reverse side for Cedar Circle plant list.*

## DEER RESISTANT Perennial Plants\*\*

Cedar Circle Farm & Education Center, 2025

### Forbs (Herbaceous Flowering)

<p><b><i>Ageratina altissima (Eupatorium rugosum)</i></b> (White Snakeroot)  <b><i>Allium cernuum</i></b> (Nodding Onion)  <b><i>Antennaria plantaginifolia</i></b> (Pussytoes)  <b><i>Aquilegia canadensis</i></b> (Columbine)  <b><i>Arctostaphylos uva-ursi</i></b> (Bearberry)  <b><i>Arisaema triphyllum</i></b> (Jack-in-the-Pulpit)  <b><i>Asarum canadense</i></b> (Wild Ginger)  <b><i>Asclepias incarnata</i></b> (Rose Milkweed / Swamp Milkweed)  <b><i>Asclepias syriaca</i></b> (Common Milkweed)  <b><i>Chelone glabra</i></b> (Turtlehead)  <b><i>Echinacea purpurea</i></b> (Purple Coneflower)  <b><i>Eurybia (Aster) macrophylla</i></b> (Big-leaved Aster)  <b><i>Euthamia (Solidago) graminifolia</i></b> (Grass-leaved Goldenrod)  <b><i>Eutrochium dubium</i></b> (Coastal Joe Pye)  <b><i>Eutrochium maculatum</i></b> (Joe Pye Weed)  <b><i>Gaultheria procumbens</i></b> (American Wintergreen)  <b><i>Iris versicolor</i></b> (Blue Flag Iris)  <b><i>Lobelia cardinalis</i></b> (Cardinal Flower)  <b><i>Lobelia siphilitica</i></b> (Great Blue Lobelia)  <b><i>Monarda bradburiana</i></b> (Bradbury's Monarda)  <b><i>Monarda didyma</i></b> (Red Bee Balm)  <b><i>Monarda fistulosa</i></b> (Wild Bergamot)</p>	<p><b><i>Monarda punctata</i></b> (Spotted Bee Balm)  <b><i>Oenothera fruticosa 'Fireworks'</i></b> (Narrow-Leaved Evening Primrose)  <b><i>Origanum laevigatum 'Rosenkuppel'</i></b> (Ornamental Oregano)  <b><i>Penstemon hirsutus</i></b> (Hairy Beardtongue)  <b><i>Physostegia virginiana</i></b> (Obedient Plant)  <b><i>Podophyllum peltatum</i></b> (May Apple)  <b><i>Polygonatum commutatum</i></b> (Giant Solomon's Seal)  <b><i>Pycnanthemum incanum</i></b> (Hoary Mountain Mint)  <b><i>Pycnanthemum muticum</i></b> (Clustered Mountain Mint)  <b><i>Pycnanthemum virginianum</i></b> (Mountain Mint)  <b><i>Rudbeckia laciniata</i></b> (Cut-Leaf Coneflower)  <b><i>Rudbeckia sp. 'Herbstsonne'</i></b> (Herbstsonne Rudbeckia)  <b><i>Rudbeckia triloba</i></b> (Brown-eyed Susan)  <b><i>Senna hebecarpa</i></b> (Wild Senna)  <b><i>Solidago odora</i></b> (Sweet Goldenrod)  <b><i>Sibbaldiopsis tridentata</i></b> (Three-toothed cinquefoil)  <b><i>Thalictrum pubescens</i></b> (Tall Meadow Rue)  <b><i>Tiarella cordifolia</i></b> (Heartleaf Foamflower)  <b><i>Trollius laxus</i></b> (American Globeflower)  <b><i>Vernonia noveboracensis</i></b> (New York Ironweed)  <b><i>Veronicastrum virginicum</i></b> (Culver's Root)</p>
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### Grasses

<b><i>Panicum virgatum</i></b> (Switchgrass)	<b><i>Chasmanthium latifolia</i></b> (River Oats)
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### Ferns

<p><b><i>Adiantum pedatum</i></b> (Maidenhair Fern)  <b><i>Matteuccia struthiopteris</i></b> (Ostrich Fern)</p>	<p><b><i>Onoclea sensibilis</i></b> (Sensitive Fern)  <b><i>Polystichum acrostichoides</i></b> (Christmas Fern)</p>
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### Trees & Shrubs

<p><b><i>Acer rubrum</i></b> (Red Maple)  <b><i>Acer saccharum</i></b> (Sugar Maple)  <b><i>Acer saccharinum</i></b> (Silver Maple)  <b><i>Alnus incana</i></b> (Gray Alder)  <b><i>Alnus rugosa</i></b> (Speckled Alder)  <b><i>Betula alleghaniensis</i></b> (Yellow Birch)  <b><i>Betula nigra</i></b> (River Birch)  <b><i>Betula populifolia</i></b> (Gray Birch)  <b><i>Ceanothus americanus</i></b> (New Jersey Tea)  <b><i>Cephalanthus occidentalis</i></b> (Buttonbush)  <b><i>Comptonia peregrina</i></b> (Sweetfern)</p>	<p><b><i>Ilex verticillata</i></b> (Winterberry Holly)  <b><i>Physocarpus opulifolius</i></b> (Ninebark)  <b><i>Prunus serotina</i></b> (Wild Black Cherry)  <b><i>Prunus virginiana</i></b> (Chokecherry)  <b><i>Prunus maritima</i></b> (Beach Plum)  <b><i>Quercus alba</i></b> (White Oak)  <b><i>Rhus aromatica</i></b> (Fragrant Sumac)  <b><i>Rhus aromatica 'Gro-Low'</i></b> (Fragrant Sumac)  <b><i>Rosa virginiana</i></b> (Virginia Rose)  <b><i>Rubus odoratus</i></b> (Purple-Flowering Raspberry)</p>
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\*\*Plant availability may vary over the course of the season. Feel free to call us at 802-785-4737 or email [growing@cedarcirclefarm.org](mailto:growing@cedarcirclefarm.org) to confirm whether specific plants are in stock.