

NEW ENGLAND & LOCAL ECOTYPE

Native Perennial Plants



Eupatorium dubium (Photo by David J. Stang, CC BY-SA 4.0, via Wikimedia Commons)

New England native (NE) plants are native to the New England landscape, which is divided into several ecoregions and microclimates that range from wet to dry and cold to moderate. These plants have evolved with our native insect and wildlife population and are adapted to the microclimates we find locally.

Local ecotype natives (LE) are a genotype native to the Northeast Highlands ecoregion, a subcategory of New England, which covers most of Vermont and New Hampshire. These plants are well adapted to our local landscape and support native wildlife and pollinators in various ways.

Incorporating as many LE and NE plants into your garden as possible helps to support our local ecosystem and build landscape connectivity from between wildlands and your backyard. While LE and NE plants are adapted to our ecoregion, individual plant needs (soil conditions, moisture and light) will vary depending on the microclimate they are naturally found in. It is also important to consider your site specific conditions when selecting plants for your garden.

See reverse side for Cedar Circle plant list.

Actaea Rubifolia (Bugbane/Cohosh) *NE

Adiantum Pedatum (Maiden-hair Fern) *NE

Allium Cernuum (Ornamental Onion) *NE

Anemone Canadensis (Windflower) *NE

Asarum Canadense (Wild Ginger) *NE

Asclepias Tuberosa (Milkweed) *NE

Aster Novae-angliae (New England Aster) *NE *LE

Aster Cordifolius (Aster) *NE *LE

Astilbe Biternata (False Goatsbeard) *NE

Caltha Palustris (Marsh Marigold) *NE

Chasmanthium Latifolium (Northern Sea Oats) *NE

Clematis Virginiana (Virgin's Bower) *NE *LE

Comptonia Peregrina (Sweet Fern) *NE

Cornus Canadensis (Bunchberry) *NE

Delphinium Exaltatum (Larkspur) *NE

Echinacea Pallida (Coneflower) *NE

Eupatorium Dubium (Joe Pye Weed) *NE *LE

Fragaria Virginiana (Wild Strawberry) *NE *LE

Helenium Autumnale (Sneezeweed) *NE *LE

Heliopsis Helianthoides (False Sunflower) *NE

Liatris Novae-Angliae (Blazing Star) *NE *LE

Lobelia Cardinalis (Cardinal Flower) *NE

Lobelia Siphilitica (Blue Cardinal Flower) *NE

Matteuccia Struthiopteris (Ostrich Fern) *NE

Monarda Fistulosa (Beebalm) *NE *LE

Penstemon Hirsutus (Beardtongue) *NE *LE

Penstemon Digitalis (Beardtongue) *NE *LE

Pycnanthemum Muticum (Mountain Mint) *NE *LE

Rudbeckia Laciniata (Black-eyed Susan) *NE *LE

Senna Hebecarpa (American Senna) *NE

*NE = New England Native *LE = Local Ecotype