



2010 Cedar Circle Farm CSA Membership Form

We have a limited number of Summer and Fall Shares available for sale through May 15, 2010 or until sold out.

Sign up early to reserve your share of the harvest!



How to Sign Up?

Our preference is that you fill out the form below and mail it with your payment to the farm. For your convenience, you can also sign up online at CedarCircleFarm.org/csa.

Name _____

Street _____

Town _____

State _____ Zip _____

Phone: Day _____

Evening _____

Email #1 _____

Email #2 _____

CSA Share Options/Costs

Summer Self-Serve CSA Share - \$465

20 weeks (June 8–October 22)

Early Bird Discount – \$450 by March 30

Early Bird Installment Plan until March 30

3 monthly payments of \$150 (1st payment of \$150 must be received by March 30, 2010.

2nd payment: April 30; 3rd payment: May 30.)

Summer Pre-Pack CSA Share - \$525

20 weeks (June 8 – October 22)

Early Bird Discount – \$510 by March 30

Early Bird Installment Plan until March 30

3 monthly payments of \$170 (1st payment of \$170 must be received by March 30, 2010.

2nd payment: April 30; 3rd payment: May 30.)

Select a Pick-Up Day

Summer Shares can be picked up between 1-6 PM on your pre-selected pick-up day of Tuesday, Wednesday, Thursday, or Friday. We'll confirm your pick-up day in your CSA Welcome Packet. Pick-up day choices

for the Summer Shares are first come, first served.

Reserve your 1st and 2nd choices now!

I prefer to pick up my share on:

T W Th F

My second choice is: T W Th F

Fall Share - \$185

We have only 50 Fall Shares available and we expect them to go quickly! 6 pick-ups: Every other week on Tuesdays from Oct 19–Dec 21. (The first week of the Fall CSA overlaps with the last week of the Summer CSA).

Early Bird Discount – \$170 by March 30

Early Bird Payment Plan until March 30

1 payment of \$60 followed by 2 monthly payments of \$55. (1st payment of \$60 must be received by March 30, 2010. 2nd payment of \$55 due on April 30; 3rd payment of \$55 due on May 30.)

\$500 Farmstand Dollars Card - \$450

I wish to donate \$ _____ to the Farmshare Program.

Payment Options

Enclosed please find a check made out to Cedar Circle Farm for \$ _____

Please charge my credit card in the amount of \$ _____ MasterCard Visa

Card # _____

Expiration date _____

Name as it appears on the card: _____

Please deduct the remaining two installments of \$ _____ from my credit card on April 30 and May 30.

Email Members

Yes! I want to be an email member and receive weekly basket lists, and crop and news updates.

Member Survey

I have participated in CCF's CSA in years past:

Yes, for _____ years

No, new member. How did you find out about CCF's CSA? _____

How many people live in your household? _____

Thank you!



Farmstand & Education Center
CERTIFIED ORGANIC
VEGGIES & BERRIES

225 Pavillion Road, East Thetford, VT 05043

(802) 785-4737

CedarCircleFarm.org

growing@cedarcirclefarm.org

Will Allen and Kate Duesterberg, Farm Managers

Luke Joanis, Assistant Farm Manager

Cat Buxton, Education Program Director
and the entire farm crew!

CCF is a proud member of Farms not Arms, the Northeast Organic Farming Association of Vermont (NOFA-VT), Pompanoosuc Agriculture Society, Rural Vermont, Slow Food USA, Upper Valley Farm-to-School (UVFTS), Valley Food & Farm, Valley Food Council, Vermont Farms!, Vermont Fresh Network, and Vermont Land Trust. We also support the Upper Valley Localvores!

About CSA Membership

Community Supported Agriculture (CSA) is a partnership between community members and farmers to share in the bounty and the risks of farming. To join a CSA Program, members make an investment in the spring, when farming output costs are high, in exchange for a weekly share of the season's harvest at a reduced price. It's like a subscription to fresh food! We believe that personal contact with the people who grow your food and the land on which it is grown are important, especially with the recent food scares from the huge industrial farms across the country. Each week throughout the growing season, CSA members come to the farm to pick up their share of what's in season. Shares are generally enough to provide 2-3 adults with fresh fruits and vegetables for a week at a time. Members can save 18-20% off retail farmstand or market prices.

Cedar Circle Farm CSA: Join Now To Share The Harvest!

Farmstand & Education Center
CERTIFIED ORGANIC
VEGGIES & BERRIES



225 Pavillion Rd, E Thetford, VT 05043

Community Supported Agriculture

Families and Farms Working Together to Support Healthy Food, Land and Communities

2010 is Cedar Circle Farm's 7th Year of CSA!



Mountain Graphics Photography





Community Supported Agriculture

Families and Farms Working Together to Support
Healthy Food, Land and Communities



Cedar Circle Farm 2010 Membership Options:

Two NEW choices for a Summer CSA!

Summer Self-Serve CSA Share - \$465 / \$450 Early Bird

Sign up by March 30 for the Early Bird Discount
& Installment Plan

20 weeks (June 8–October 22)

Best Value! This option is the optimal way to support and experience the farm, connect with seasonal foods, and have the greatest opportunity for choice. Throughout the season we provide you with a weekly list of what is available for your share. On your pre-selected pick-up day, you come to the farm with your bag or basket and use the CSA list to select your own share of freshly-harvested produce from the farmstand displays. This self-service CSA will include plenty of choices (for example, between kale and chard, or among potato varieties) and some crops that will be pick-your-own (PYO) such as berries, peas, beans, flowers and pumpkins. If you don't have time that day to PYO, we'll give you a coupon that can be used later or exchanged for a lesser amount of the same product that we pick for you.

Summer Pre-Pack CSA Share - \$525 / \$510 Early Bird

Sign up by March 30 for the Early Bird Discount
& Installment Plan

20 weeks (June 8–October 22)

This is the perfect choice for the adventurous eater with a busy lifestyle! This no-fuss CSA provides you with a pre-packed basket of seasonal vegetables that we choose for you. Your share of the harvest will be picked and ready for you every week on your pre-selected pick-up day. The content parallels that of the Self-Serve Share, but you won't have to choose among greens or other varieties, and you won't have to pick your own anything. Just show up and we'll hand you your share—no wait, no fuss, no extras.

CSA Member Benefits

Before the season begins, all CSA members are mailed a welcome packet to let you know what you can expect from your farm. The packet includes your CSA member discount card that enables you to receive **10% off all purchases** including produce, annual and perennial flowers, bedding plants, seeds and garden implements, and our expanded variety of local foods sold at the farmstand. The 10% discount does not apply to fall CSA members



since the farmstand is not open during the entire fall CSA season. Throughout the season we give you tips to help you use your share especially for the new or unusual veggies that we love to grow. Email members receive weekly basket lists, news and crop updates from the farm. On CSA Member Appreciation Days we'll invite you to receive special benefits. Summer CSA members receive a complimentary copy of one of our favorite cookbooks, *From Asparagus to Zucchini—A Guide to Cooking Farm-Fresh Seasonal Produce*.

New for 2010!

In response to customer comments and suggestions, we have made some exciting changes to our CSA Program and now offer:

- Two choices for the Summer CSA—Self-serve & Pre-packed shares
- An all-new Fall CSA Share
- A Farmstand Dollars Credit System
- Four pick-up days with expanded pick-up times from 1-6 PM.
- A free cookbook for CSA members titled *From Asparagus to Zucchini—A Guide to Cooking Farm-Fresh Seasonal Produce*



NEW! Fall Share – \$185 / \$170 Early Bird

Sign up by March 30 for the Early Bird Discount
& Installment Plan

6 pick-ups: Every other week from
October 19 – December 21

Extend your season with our brand-new Fall CSA Share. The Fall Share provides enough seasonal, storage and cold-hardy crops to take 2-3 adults through the holidays. Twice per month you come to the farm on Tuesdays to pick up a basket of storage crops such as onions, garlic, potatoes, carrots and other root crops, as well as fall greens, frozen berries, winter squash, and some other local products. We provide you with recipes to help you use the items in your share. *There are a limited number of fall shares available.*

Special! Early Bird Payment Plan Option Must Sign up by March 30!

Early Birds are very helpful to the farm. To show you just how much we appreciate early payment, those who sign up for any of our CSA member options by March 30, not only get a discount but can spread the payments into three equal installments at no extra charge. Make the first payment when you sign up on or before March 30, and make the second and third payments in April and May. Details on Early Bird payments for each type of membership are listed on the CSA signup form.

Farmstand Dollars Credit System ~ Become a Farm Friend & Save 10%

Do you want to support the farm but a CSA is not right for you? Try our new alternative to CSA membership; become a **Farm Friend** and save 10%! Farm Friends receive \$500 worth of credit for investing just \$450! We send you a **Farmstand Dollars Card** that you can use to draw down on your account throughout the season on *all* farmstand purchases. Replenishment Dollars can be purchased at the farmstand in \$200 increments at the cost of \$180, at any time throughout the season.

Subsidized Shares for Limited-Income Vermonters

Cedar Circle is a member of NOFA-VT's Farmshare Program. CSA shares from participating farms are available to limited-income Vermonters at half the cost. Eligible Vermonters pay 50% and CCF and NOFA each pay 25%. For eligibility, contact the NOFA-VT office at 802-434-4122 or download an application at CedarCircleFarm.org/csa. Last year, CSA members' contributions enabled CCF to provide shares for four limited-income CSA families. Thank you! Let's see if we can do even better in 2010! To make a contribution:

- Check the Farmshare donation box when you sign up for your CSA membership.
- Make a donation on our website using PayPal or mail a check of any amount, payable to Cedar Circle Farm, and write "Farmshare" in the memo.

Pick-Up Day Details

For your convenience, weekly shares can be picked up on your regularly scheduled pick-up day between the **newly expanded hours of 1-6 PM**. When you sign up, please choose a pick-up of Tuesday, Wednesday, Thursday, or Friday. There is a limit of 50 pick-ups per day. **Pick-up days are first come, first served, so sign up early in order to get the day you want!**

Frequently Asked CSA Questions

For information about changing your pick-up day or any other questions about your CSA membership, see our CSA FAQ's brochure available online at CedarCircleFarm.org

Sample Summer Share

In June	In August	In October
arugula	lettuce	spinach
bok choy	carrots	leeks
green garlic	onions	carrots
lettuce	green beans	beets
radishes	celery	winter squash
spinach	tomatoes	potatoes
strawberries	basil	Brussels sprouts
	garlic	dry beans
	corn	
	potatoes	
	peppers	
	eggplant	

Sample Fall Share

potatoes	onions
turnips	garlic
winter squash	CCF eggs, dry beans,
cabbage	sunflower oil, or
braising greens	frozen berries.

Printed on recycled paper containing 30% post-consumer fiber

Only 50 Pick-ups Per Day — Reserve Your Pick-up Day Now!
CSA share pick-ups at the farm are offered four days per week — starting June 8.
Tuesday, Wednesday, Thursday, or Friday between 1-6 PM